

Session 2: “The Road to Healing” – On My Own

Jeremiah 30:17-22

17 But I will restore you to health and heal your wounds, declares the LORD, 'because you are called an outcast, Zion for whom no one cares.' 18 "This is what the LORD says: "I will restore the fortunes of Jacob's tents and have compassion on his dwellings; the city will be rebuilt on her ruins, and the palace will stand in its proper place. 19 From them will come songs of thanksgiving and the sound of rejoicing. I will add to their numbers, and they will not be decreased; I will bring them honor, and they will not be disdained. 20 Their children will be as in days of old, and their community will be established before me; I will punish all who oppress them. 21 Their leader will be one of their own; their ruler will arise from among them. I will bring him near and he will come close to me, for who is he who will devote himself to be close to me?' declares the LORD. 22 "So you will be my people, and I will be your God."

Isaiah 57:15-16

5 For this is what the high and lofty One says — he who lives forever, whose name is holy: "I live in a high and holy place, but also with him who is contrite and lowly in spirit, to revive the spirit of the lowly and to revive the heart of the contrite. 16 I will not accuse forever, nor will I always be angry, for then the spirit of man would grow faint before me — the breath of man that I have created.

Isaiah 57:18-21

18 I have seen his ways, but I will heal him; I will guide him and restore comfort to him, 19 creating praise on the lips of the mourners in Israel. Peace, peace, to those far and near," says the LORD. "And I will heal them." 20 But the wicked are like the tossing sea, which cannot rest, whose waves cast up mire and mud. 21 "There is no peace," says my God, "for the wicked."

Isaiah 61:1-3

1 The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to preach good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners, 2 to proclaim the year of the LORD's favor and the day of vengeance of our God, to comfort all who mourn, 3 and provide for those who grieve in Zion — to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the LORD for the display of his splendor.

Isaiah 53:5-6

5 But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed. 6 We all, like sheep, have gone astray, each of us has turned to his own way; and the LORD has laid on him the iniquity of us all.

John 14:6-7

6 Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me. 7 If you really knew me, you would know my Father as well. From now on, you do know him and have seen him."

John 1:12-13

12 Yet to all who received him, to those who believed in his name, he gave the right to become children of God— 13 children born not of natural descent, nor of human decision or a husband's will, but born of God.

Revelation 3:20

20 Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with me.