

## Session 5: "Facing My Loneliness" – On My Own

### Matthew 26:47-50

47 While he was still speaking, Judas, one of the Twelve, arrived. With him was a large crowd armed with swords and clubs, sent from the chief priests and the elders of the people. 48 Now the betrayer had arranged a signal with them: "The one I kiss is the man; arrest him." 49 Going at once to Jesus, Judas said, "Greetings, Rabbi!" and kissed him. 50 Jesus replied, "Friend, do what you came for."

### Matthew 26:69-75

69 Now Peter was sitting out in the courtyard, and a servant girl came to him. "You also were with Jesus of Galilee," she said. 70 But he denied it before them all. "I don't know what you're talking about," he said. 71 Then he went out to the gateway, where another girl saw him and said to the people there, "This fellow was with Jesus of Nazareth." 72 He denied it again, with an oath: "I don't know the man!" 73 After a little while, those standing there went up to Peter and said, "Surely you are one of them, for your accent gives you away." 74 Then he began to call down curses on himself and he swore to them, "I don't know the man!" Immediately a rooster crowed. 75 Then Peter remembered the word Jesus had spoken: "Before the rooster crows, you will disown me three times." And he went outside and wept bitterly.

### Matthew 27:45-46

45 From the sixth hour until the ninth hour darkness came over all the land. 46 About the ninth hour Jesus cried out in a loud voice, "Eloi, Eloi, lama sabachthani?"-which means, "My God, my God, why have you forsaken me?"

### Isaiah 43:2-3

2 When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze. 3 For I am the LORD, your God, the Holy One of Israel, your Savior; I give Egypt for your ransom, Cush and Seba in your stead.

### Psalms 68:6

6 God sets the lonely in families, he leads forth the prisoners with singing; but the rebellious live in a sun-scorched land.

### Psalms 27:10

10 Though my father and mother forsake me, the LORD will receive me.

### Psalms 68:5

5 A father to the fatherless, a defender of widows, is God in his holy dwelling.

### James 4:8-9

8 Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.

### Psalms 147:3

3 He heals the brokenhearted and binds up their wounds.

**Psalm 147:6**

6 The LORD sustains the humble but casts the wicked to the ground.

**Psalm 147:11**

11 the LORD delights in those who fear him, who put their hope in his unfailing love.

**Ephesians 3:16-19**

16 I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, 17 so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, 18 may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, 19 and to know this love that surpasses knowledge — that you may be filled to the measure of all the fullness of God.

**Psalm 139:1-10**

1 O LORD, you have searched me and you know me.  
2 You know when I sit and when I rise; you perceive my thoughts from afar.  
3 You discern my going out and my lying down; you are familiar with all my ways.  
4 Before a word is on my tongue you know it completely, O LORD.  
5 You hem me in — behind and before; you have laid your hand upon me.  
6 Such knowledge is too wonderful for me, too lofty for me to attain.  
7 Where can I go from your Spirit? Where can I flee from your presence?  
8 If I go up to the heavens, you are there; if I make my bed in the depths, you are there.  
9 If I rise on the wings of the dawn, if I settle on the far side of the sea,  
10 even there your hand will guide me, your right hand will hold me fast.

**Isaiah 58:7-11**

7 Is it not to share your food with the hungry and to provide the poor wanderer with shelter — when you see the naked, to clothe him, and not to turn away from your own flesh and blood? 8 Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the LORD will be your rear guard. 9 Then you will call, and the LORD will answer; you will cry for help, and he will say: Here am I. "If you do away with the yoke of oppression, with the pointing finger and malicious talk, 10 and if you spend yourselves in behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness, and your night will become like the noonday. 11 The LORD will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail.